

Editorial

Dear all,

The Neuroendocrinology Letters is well known for its' continuous support of many talented researchers working in Slovak and Czech Republic. Now, it decided to support local researchers from public health area for which we are extremely thankful.

Why did we prepare this supplement and why it is about interdisciplinary public health issues? It is rather difficult question, but with a simple answer. Neurology field, neuroendocrinology field and many other areas of medicine are actually very important partners for public health professionals. Public health promotes and protects the health of people and the communities where they live, learn, work and play. While doctors treat people who are sick, those of us working in public health try to prevent people from getting sick or injured in the first place. Public health also promotes wellness by encouraging healthy behaviors. As it is very well written at the front page of American Public Health Association [APHA 2017], people in the field of public health work to assure the conditions in which people can be healthy or educate people about the risks of alcohol and tobacco. We set, review and change safety standards to protect workers and develop school nutrition programs to ensure kids have access to healthy food. We track diseases outbreaks, prevent injuries and shed light on why some of us are more likely to suffer from poor health than others. We spread the word about ways to stay healthy and giving science-based solutions to problems. Public health improves our quality of life and reduces human suffering. But most of all – public health professionals cooperate and work together in multidisciplinary teams, where neuroendocrinology field belong as well. Thank you for this opportunity and on behalf of all authors, we wish you interesting reading.

Robert Babela

St. Elizabeth University, Institute for Healthcare Disciplines, Bratislava, Slovakia

Source:

- 1 APHA: What is public health. Available at: <https://www.apha.org/what-is-public-health> [last access 14.11.2017]